



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Kennebec Valley YMCA 2024



## Make a Splash at Camp KV

**SUMMER CAMP 2024 SEASON**  
**JUNE 17– AUGUST 23**

- Camp KV • Explorers Camp
- LIT/CIT Program • Jr Lifeguard Program



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## OUR MISSION

The Kennebec Valley YMCA is a character building organization dedicated to strengthening the principles of Caring, Honesty, Respect and Responsibility through programs that build a healthy spirit, mind, and body for all, regardless of ability to pay.

Since 1914, we have been a fabric of our community, with a commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.



"My 3 girls look forward to attending Camp KV every summer and enjoy all the activities, songs, people and beautiful setting. I feel like through their participation in all of the fun events, games and sports that are offered, their confidence and self-esteem has grown immensely."

– Camp Parent





# YOUR CAMP DIRECTOR

## WELCOME NOTE FROM PAUL

Hi! My name is Paul, and I am returning for my 6th summer as your Camp KV Director!

Time has a funny way of sneaking up on, especially as a parent. My first summer as director my family welcomed our second daughter to this world and this, my 6th summer will be her first as a kinder at camp, crazy!

Camp KV has gone through a similar path of growth in those same 5 years: we added an arts and crafts cabin, our lodge was totally renovated, our enrollment is now full each year and our staff just keep getting better and better!

Camp KV just keeps setting new records and I can't wait to see what this summer brings!

*Paul*

Camp KV Director



# Updates to our Camp KV online registration!

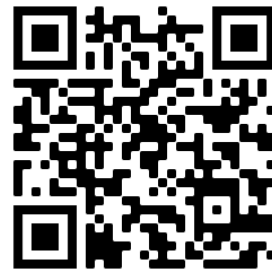
This year we are adding Electronic Check Transfers as a payment option for camp. This will give you one more option to pay online instead of coming to the KV Y front desk if you choose to pay with cash or check.

**\*\*\*This year we are requiring deposits and a scheduled payment plan in order to complete your registration. It was kind of like that last year, but since the financial part of the program was slow to onboard many of you were able to complete and submit applications without payments or deposits\*\*\***

**Camp KV registration is found here:**

[campkv.campbrainregistration.com](http://campkv.campbrainregistration.com)

**Or scan the QR code with your tablet or  
Smart phone**



## **KV Y members:**

In order to receive your discounted weekly rate you will need a discount code. The code will be included in your member monthly updates starting in February. If you do not receive it, email [paul@kvymca.org](mailto:paul@kvymca.org) prior to registering to get the code.



# CAMP KV 2024

## CAMP AT A GLANCE

### CAMP KV DAY CAMP

WHO: Entering Grades K-8

WHEN: June 17<sup>th</sup> - August 2<sup>3rd</sup>

COST: \$195/week for Y Members  
\$215/week for Non-Members

### LEADER IN TRAINING (LIT)

WHO: Entering Grades 7-8

WHEN: July 8<sup>th</sup> - July 19<sup>th</sup>

COST: \$305

### COUNSELOR IN TRAINING (CIT)

WHO: Entering Grades 9-10

WHEN: July 22<sup>nd</sup> - August 16<sup>th</sup>

COST: \$595

### Junior Lifeguard

WHO: Ages 11-14

WHEN: July 15<sup>th</sup> - July 19<sup>th</sup>

COST: \$215

### COMMUNICATION

Questions or concerns?

Need to report an absence?

Give us a call!

**CAMP KV PHONE #:**  
**207.622.9622**

## IMPORTANT DATES

**REGISTRATION OPENS Feb 1<sup>st</sup>, 2024**

### CAMP OPEN HOUSE

WHEN: 6/8/2023

WHERE: Camp KV - KV Camp Road, Readfield

Tour the camp, meet your camp staff and see all Camp KV has to offer!

### 3-Day Camp Week (July 1<sup>st</sup>-July 5<sup>th</sup>)

In observance of Independence Day, Week 3 of Camp KV will be a 3-day camp week with no camp on 7/4 or 7/5. That week has a prorated price of \$130 for the week.

### Family Campfire Nights

Family campfire nights run 4-6pm on select Friday nights. You'll have time for camp tours, a show performed by camp staff and S'mores and a campfire. This summers campfire date are:

**6/28    7/19    8/16**



31 Union Street  
Augusta, Maine 04330  
207.622.9622



KV Camp Road, Route 17  
Readfield, Maine 04355  
207.685.4644



# CAMP KV

Camp KV is a state licensed day camp located on 70 acres of beautiful, naturally preserved land on Maranacook Lake in Readfield. Our camp begins at 8:00am and ends promptly at 4:00pm.



The Kennebec Valley YMCA offers a high quality day camp experience for area youth focusing on personal growth, community development and outdoor fun. Our highly trained staff of counselors are great role models to our campers and offer traditional camp activities such as swimming, boating, low ropes course, arts and crafts, literacy, nature hikes, field sports, archery, environmental science programs and more!

## THEME DAYS

At Camp KV, we celebrate a different theme every week! Each Thursday, we plan a day full of themed activities and campers are encouraged to dress up according to the week's theme with prizes given out for best dressed.

Week 1 - Camp Spirit

Week 2 - Friendship

Week 3 - Olympics

Week 4 - Winter Carnival

Week 5 - Survival

Week 6 - Color Wars

Week 7 - STEM

Week 8 - Fear Factor

Week 9 - Space

Week 10- Amazing Art



# LEADERSHIP (CIT & LIT)

## LEARN TO LEAD

The Leader In Training (LIT) program is a two-week program that is open to Pathfinders (grades 7 & 8) and all area 7th and 8th graders. The LIT program is the first step for:

- Camp KV Pathfinders who want to enrich and broaden their experience
- Our CIT program
- A paid Junior Counselor position

You'll learn:

- Theories of leadership
- Application and implementation of situational leadership
- How to effectively lead a group using your unique talents and abilities
- To incorporate the core values of the YMCA - Caring, Respect, Responsibility and Honesty - in



## MEET CHRIS "STORM" CIT-LIT DIRECTOR/

This summer will be Storm Sagner's 10th summer at Camp KV and 13th summer working at various summer camps. Storm has had many different roles at Camp KV including Unit Director, Sports Director and Assistant Camp Director. This will be Storm's first summer as Assistant Director/CIT-LIT Director. As the CIT-LIT Director, Storm will continue this great program that helps young people have the opportunity to develop and practice their leadership skills and learn how they can leave a lasting impact on others.

"A leader is one who knows the way, goes the way, and shows the way." --John Maxwell



# COUNSELOR IN TRAINING (CIT)



## Meet Ella CIT Class of '23

**"The CIT program was a fantastic experience for me. The program was accepting and inclusive of everyone, regardless of their background or skill level. It was also a great opportunity to learn important skills like CPR and handling certain situations that may arise when working with children. Overall, the CIT program was an unforgettable experience that helped me grow as a person and move toward my goal of becoming a camp counselor. "**

Camp KV's Counselor In Training (CIT) program gives teens entering grades 9 & 10 an opportunity to build skills that will help them in the classroom the workplace, and beyond.

CIT participants work closely with camp leaders, who serve as instructors and mentors. Participants will spend half their day attached to a camp unit assisting with activities and learning through first hand experience. The other half will be with Paul and Chris and the CIT group reflecting, discussing and problem solving the situations they faced during their time with the units.

CIT's walk away with:

- American Red Cross CPR/First Aid

activities

- Outdoorsmanship skills
- Confidence and leadership experience

This four-week program takes place over sessions 4 through 7 only. All CIT participants are required to attend all four sessions.

All interested candidates must apply to participate in the CIT program. To apply, email Camp Director, Paul Sveum at [Paul@kvymca.org](mailto:Paul@kvymca.org)





# CAMP INFORMATION

## ARRIVAL

Our summer camps offer FREE bus transportation to Camp KV from the Augusta KV YMCA campus.

## AUGUSTA CAMPUS:

Depart Time: 7:40am (arrive by 7:20am) Return Time: 4:30pm

## CAMP KV:

Arrive: 8:00am  
Pick Up: 4:00pm

## SIGN IN/SIGN OUT

All campers must be signed in and out daily by a parent/guardian. For your child's safety, photo ID's will be required. For first time pick-ups, please remind other authorized pick-ups that they will need to bring a photo ID with them, as well.

## ABSENCES

If your child is not going to attend camp for the day, please report their absence by calling the camp office at 207 685 4644 or email Paul Sveum at [paul@kvymca.org](mailto:paul@kvymca.org)

If your child will be leaving early, please call or notify the camp office in writing of what time and who will be picking up your child.

## RAINY DAYS AT CAMP KV

On rainy days, we try to do as much activity outside as possible, which means your campers should come prepared with water-resistant clothing on damp days. On days of heavy rain, we utilize our covered areas and main lodge, where campers engage in indoor activities.

## SWIMMING

Campers will have the opportunity to swim at Camp KV. For their safety, all campers will be swim tested on their first day of camp. While swim activities are not required, we strongly encourage all campers to participate.

Lifeguards will be on duty whenever children are in the water.

## LUNCH

Lunch will NOT be provided to campers.

Please pack a healthy lunch along with a few healthy snacks that will last all day. There is limited space for campers to keep perishable foods cold. Please try to send lunch boxes with ice packs.

Please be sure to bring a re-fillable water bottle every day and remember to label everything with your child's name.

## FINANCIAL ASSISTANCE

The Kennebec Valley YMCA is proud to offer need-based scholarships for qualifying children to attend camp. Scholarship applications are available at either of our Welcome Centers or online at [www.kvymca.org](http://www.kvymca.org). Scholarships are awarded on a first come, first served basis.



# CAMP POLICIES & EXPECTATIONS

## DAILY CAMP CHECKLIST

Each camper should bring a backpack with the following items:

- Bathing Suit (must be properly fitting)
- Towel and plastic bag for wet clothes
- Healthy snacks & lunch
- Facial covering (2)
- Refillable water bottle
- An extra set of clothes
- Sunscreen! Please make sure campers are wearing sunscreen when they arrive at camp.
- Jacket or sweatshirt for cool weather
- Closed-toe shoes are required. Flip flops can be worn only at the waterfront.

**Please label everything!**

## ITEMS TO LEAVE AT HOME

- Electronic devices
- Cell phones / tablets / computers / cameras
- Toys / trading Cards / sports equipment
- Money / valuable Items
- Weapons of any kind - real or fake

\*The KV YMCA is not responsible for lost or stolen items\*

## PARENT AND VISITOR POLICY

Typically we welcome all visitors to camp, especially parents, but this year we are asking that trips to Camp KV are limited to necessary visits due to COVID - 19 protocol.

## BUS POLICY

Parents must be at pick-ups and drop-offs and are responsible for the supervision of their children before entering the care of the YMCA. Children will not be allowed on the bus without pre-registration and payment completed. If for any reason a camper's transportation has not arrived at the end of the day, parents will be notified for pick-up and may be subject to a late fee.

Campers are expected to follow Camp KV rules while on the bus. Any behavior not in accordance with Camp KV policies will result in parent notification, seat assignment and possible expulsion from the bus program.

## BUS SCHEDULES

Busses leave Augusta at 7:40 am

Buses return to Augusta at 4:30 pm

Arrive at 7:20 for the drop off / check in process and plan on being at the Augusta Y at 4:20 for pick up.



## CAMPER CONDUCT & DISCIPLINE

The staff governs the behavior of each child and attempts to work through conflicts and problems as they occur. A camper who displays negative behavior can affect the rest of the camp's experience. Campers who are disruptive, display inappropriate behavior, or require an undue amount of disciplinary attention will meet with the Camp Director to evaluate their behavior. Parents will be notified of any misconduct or discipline problems. It will be the parent's responsibility to arrange transportation for the child if he/she is being sent home due to disciplinary actions.

If an incident occurs that jeopardizes a camper's safety, the safety of others, or is not in accordance with the mission of the YMCA, camp staff will address and document the issue directly with the child and take the following steps.

- 1. First Violation:** The child may be removed from an activity for the day, such as swimming, free time, etc. Parents may be contacted during the day or at the end of camp depending on the time and severity of the incident.
- 2. Second Violation:** The parent/guardian will receive a phone call and may be asked to pick up their child within the hour. The child may or may not be allowed to attend camp the next day that they are registered for depending on the severity of the incident.
- 3. Third Violation:** Parents may be contacted immediately to pick up their child from camp. The child will be suspended for the day or week that they are registered for depending on the severity of the incident.
- 4. Fourth Violation:** Child may be dismissed from camp for the remainder of the program depending on the severity of the incident.

**\*Please Note:** We reserve the right to, at any time, dismiss your child from the program immediately due to environmental, physical, emotional, or other harm to themselves, other children, and staff. Refunds will not be given for suspension or dismissal.

## BULLYING

At Camp KV, bullying is inexcusable, and we have a firm policy against all types of bullying. Each camper is expected to treat all other campers and staff with respect. Our Camp Director addresses all incidents of bullying and trains staff to create a safe and welcoming environment for all.

## HEALTHY CAMPERS

If your child contracts anything that may be contagious, please let us know. Your name will be kept confidential but state regulations require us to post any contagious illnesses to all participants.

If your child shows any sign of illness, rash, high temperature (over 100.4), diarrhea, infection, lice, or any contagious diseases, the parent/guardian will be called and expected to pick up the child within one hour.

While camp staff do their best to prevent injuries, sometimes they do happen. Moderate injuries will be communicated to the parent once proper first aid has taken place. If severe injuries need higher medical attention, 911 will be called and parent/guardian will be contacted immediately.

## MEDICATION

Medication must be brought in its original container, allowing for proper identification and dosage, as required by state licensing. Please leave all medications with a staff member at drop-off and they will bring it to the Director's Cabin to be locked up. Campers should not have medication in their lunch boxes or backpacks.

Any medications that are to be self-administered (i.e., inhaler) by a camper must be accompanied by a completed Self Administered Medical Form (attached) and returned before their first day of camp.